

## Lunch Recommendations (w/in 10 min walking distance from hotel)

- **Shake Shack (1700 Broadway, New York, NY 10019)** — If you've never been before, this is the East Coast rival to In N' Out. They have great burgers and shakes. It's not healthy, but it's definitely delicious.
- **Carnegie Diner & Café (205 W 57th St, New York, NY 10019)** — If you've never experienced the breadth of a menu at a Northeast diner, this is the epitome. Get everything from pancakes, to a salad, to pasta, to a crazy milkshake. The portions are massive, and the food is also very tasty!
- **ICHIRAN Ramen NY Times Square (152 W 49th St, New York, NY 10020)** — This unique ramen spot involves very little speaking (an actuary's dream!). You're seated at an individual booth and do all of your ordering by filling out a paper. The ramen is warm and delicious. But don't worry, if you arrive with a group they will try to seat you at adjacent booths.
- **Emmy Squared Pizza: Hell's Kitchen (311 W 48th St, New York, NY 10036)** — This is a well-known local chain restaurant that specializes in Detroit-style pizza. They also have great salads and burgers. The pizzas are definitely big enough to share, and they've got a variety of toppings, so there could be something for everyone.
- **Daily Provisions: Rockefeller Center (30 Rockefeller Center Unit CO-03, New York, NY 10112)** — If you wanted to go inside 30 Rockefeller Plaza on your trip to NYC, here's your excuse. Daily Provisions is a great local chain that offers sandwiches, salads, pastries and more. The building might be a little intimidating to navigate, but there are plenty of workers on hand who can direct you. If you stop here, make sure to try one of their crullers!
- **Westville Hell's Kitchen (809 9th Ave, New York, NY 10019)** — If you're looking for something healthier, this is a great option. Their plates are often a combination of a protein along with some veggies, and they certainly do not compromise on flavor.
- **Wolfnights (40 W 55th St, New York, NY 10019)** — This is more of a fast-casual option. But they have some phenomenal choices of some of the more creative wraps that you'll have ever come across. It's big bang for your buck, and the wraps are delicious.
- **Sweet Treats: Angelina Bakery (1675 Broadway), Magnolia Bakery** — Central Park South (1794 Broadway), Venchi Chocolate & Gelato (825 7th Ave)

- **Times Square** — If you're looking for a quick bite and a classic NYC experience, head over to Times Square. It's busy, bright, and a little chaotic, but that's part of the charm. You'll find plenty of fast-casual options like pizza slices, delis, street food carts, and grab-and-go sandwich spots, along with familiar chains if you want something quick and easy. It's a great option if you're short on time and want to take in some of the iconic sights while you eat.

## Areas to Explore for Dinner

If you don't have plans in the evening and want to venture away from the Times Square vicinity, here are a few neighborhoods with good restaurants for you to explore. (Reminder that Google/Apple Maps is your friend when navigating the subway!):

- **Greenwich Village and West Village (take the downtown B or D train from 53rd St-7th Ave Station to West 4th St Station)** — Plenty of trendy restaurants and bars to check out. Be aware that if the weather is nice, some places could have a wait (even on a Monday!). But it'll often be worth it.
- **SoHo & NoLita (take the downtown B or D train from 53rd St-7th Ave Station to Broadway-Lafayette Station)** — Just another stop or two beyond the Villages, this is another area with lots of trendy restaurants. If you also want to do a little post-meeting shopping too, this is a great area to explore.
- **Chinatown (take the downtown B or D train from 53rd St-7th Ave Station to Grand St Station)** — It's a further journey, but there are so many spots to try some great, inexpensive Chinese food. The area can be a little busy and chaotic, but if you take a few minutes to research some spots for good dim sum, you can find some hidden gems.

## Quick Breakfast Recommendations

- **Angelina Bakery (1675 Broadway)** — 4 min walk from hotel
- **Blue Bottle Coffee (1345 6th Ave)** — 4 min walk from hotel
- **Bibble & Sip (253 W 51st St)** — 6 min walk from hotel
- **Daily Provisions: Rockefeller Center (30 Rockefeller Center Unit CO-03, New York, NY 10112)** — 7 min walk from hotel
- **Liberty Bagels (16 E 58th St)** — 14 min walk from hotel